

# Helpers in Your Community (KeepSafe Connections)

**KeepSafe Connections** are **Able, Approachable, and Available** to help with suicide. They know how to do suicide first aid (trained in suicide intervention). Different kinds of helpers in your community may have this training but some may not. It is best to check before adding them to this list.

1.800.273.8255 Crisis Support Services of Nevada  
(CSSNV)  
CRISIS (DISTRESS) CENTER

1.800.273.8255 Nat'l Suicide Prevention  
Lifeline/Veteran's Hotline  
SUICIDE PREVENTION CENTER

Text "CARE" to 839863 (CSSNV) or "HOME" to  
741741 (Crisis Text Line)  
TEEN LINE

1.775.221.7600 Sexual Assault Hotline (CSSNV) or  
Text "SASS" to 83986  
RAPE/SEXUAL ASSAULT CENTER

1.800.799.7233 Nat'l Domestic Violence Hotline  
DOMESTIC VIOLENCE HOTLINE

1.800.656.4673 Nat'l Sexual Assault Hotline (RAINN)  
SEXUAL ABUSE HOTLINE

785.8600 Washoe County Social Services  
833.900.SAFE (7233) Child Welfare/CPS  
1.800.992.5757 (CSSNV) (CPS after-hours)  
CHILD ABUSE HOTLINE

911  
POLICE

911  
PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT

775.688.1670 NV Mobile Crisis Response Team  
775.688.2001 No. NV Adult Mental Health Services  
800.242.0478 West Hills Hospital  
686.8302 TMCC-Counseling  
MENTAL HEALTH CRISIS

911  
HOSPITAL EMERGENCY SERVICES

775.322.3466 – A Safe Embrace (Women and Children  
only) 775.329.4150 Domestic Violence Resource  
Center  
EMERGENCY SHELTERS

1.800.536.4588 - SafePlace  
YOUTH SHELTER

775.688.2001 No. NV Adult Mental Health Services  
800.242.0478 West Hills Hospital  
MENTAL HEALTH OUTREACH CLINIC

688.1670 NV Child and Family Services Mobile Crisis  
CHILDREN/YOUTH PSYCHIATRIC CLINIC

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## PRIVATE PRACTITIONERS

775.329.6300 Community Health Alliance  
775.786.4673 No. Nevada Hopes  
MEDICAL CLINIC

775.786.4673 No. Nevada Hopes  
AIDS INFORMATION AND TESTING SITES

775.688.1600 Children's Behavioral Health Services  
CHILDREN'S SERVICES OFFICES

775.673.7060 TMCC Counseling Center  
877.234.5151 LifeWorks (NSHE)  
775.445.3267 WNC Student Services  
775.353.6950 Education Alliance, Washoe County  
775.784.4648 – UNR Counseling Services  
SCHOOL STUDENT SERVICES

775.856.6200 Children's Cabinet  
CHILD CARE REFERRALS

775.856.6200 Children's Cabinet  
PARENT TRAINING

Family Resource Centers  
No. Valleys-775.677.5437  
Central Reno-775.321.3185  
Northeast Reno-775.337.9979  
Sparks-775.353.5733  
Sun Valley-775.674.4411  
FAMILY SUPPORT SERVICES

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## SELF HELP GROUPS

775.825.4357 Join Together No. Nevada (JTNN)  
NRAP (Recovery & Prevention)- UNR 775-784-6224  
SUBSTANCE ABUSE COUNSELING

775.355.1151 No. NV Intergroup of Alcoholic  
Anonymous  
ALCOHOLICS ANONYMOUS

775.350.7977 (NAMI) (non-crisis) [www.nami.org](http://www.nami.org)  
MENTAL HEALTH ASSOCIATION

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## RELIGIOUS/SPIRITUAL SUPPORT

775.329.2727 (Washoe Legal Services)  
LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE

775.684.2300 NV Dept. of Parole and Probation  
775.325.7800 Washoe County Juvenile Probation  
PROBATION OFFICERS

Who or what might be on your own list of KeepSafe Connections?